

Children and Teens

Summer Grief Programs

Our licensed grief counselors are excited to offer in-person grief support groups and workshops this summer! Registration is required - call (614) 566-0706 or email cindy.fielding@ohiohealth.com
All programs noted below are at no cost.

6-Week Sessions

Counselors will utilize discussions, hands-on activities and expressive outlets to help grieving children and teens:

- Understand typical responses to grief and loss
- Learn healthy ways to express, navigate, and cope with their feelings and reactions
- Have opportunities to share memories and honor the lives of their loved ones

Kobacker House | 800 McConnell Drive – Columbus 43214

Elementary School Kids (Grades K-5th)

Thurs June 22 – Thurs Aug 3 from 3:30-4:30pm

Middle School Kids (Grades 6th-8th)

Thurs June 22 – Thurs Aug 3 from 3:30-4:30pm

High School Teens (Grades 9th-12th)

Tues June 20- Tues Aug 1 from 2-3pm

***Registration deadline: June 14, 2023**

Workshop Series

Young Adult Grief

Designed for high school graduates ages 18-22

Wed 6/21, 7/12, 7/26, and 8/9

Please register for one or more sessions.

Sessions will meet from 11a-12:30p

5450 Frantz Road – Suite 100 – Dublin, OH 43016

These stand-alone workshops will support young adults as they navigate their feelings and responses to grief while gaining independence and tackling new life challenges.

These programs are supported by the generosity of our community, including the OhioHealth Foundation. There are no costs associated with services.

Delaware Workshop

3-Week Workshop

Grief Connections

Tues 6/13, 6/20 and 6/27 from 6:30-7:30pm

LOCATION: Andrews House

39 West Winter Street Delaware, OH 43015

Kids ages 7-13 will have the opportunity to learn more about grief, connect with peers who have experienced loss, and make a special project each week.

Adult caregivers are invited to stay and participate in a supportive group led by an adult bereavement counselor. This time will be set aside for learning about grief, sharing experiences and learning coping strategies and tools to cope and heal.

***Registration deadline: June 7, 2023**

